## Central Hardin Athletics Guidelines for Lodging and Student Meals

#### Lodging

- Hotel room doors must be on the interior of the building (no "motels" where you enter the rooms from the outside).
- Cost should stay between \$75 and \$150 per room, per night
  - o Try to stay on the lower end of the price line if possible
  - o If two hotels offer same price and one offers continental breakfast, go with the one that offers the continental breakfast to help ease out of pocket expense for student athletes.
  - o Be sure to keep all receipts from overnight stays (MUST TURN IN TO BOOKKEEPER).
- Reserve rooms as early as possible to ensure the best price and definite accommodations for our student athletes.

#### Student Meals

- Price per meal allowed for students increased from \$5 to \$7 per meal.
- YOU MUST have receipts to cover the entire amount of money you were given for student meals.
  - o HINT: Let students buy their food, bring you a receipt, then give them their money. This will ensure that you have the receipts you need.
  - o If you have left over money from meal money, <u>YOU WILL NEED TO TURN IT BACK IN TO THE SCHOOL BOOKKEEPER</u>, along with any unused meal money.
- If you know you are going to need meals (or will be feeding) your group ahead of time, call area
  restaurants and let them know you are coming, how many you are feeding, and what your
  allotment for student meals is. They can sometimes work with the price and give you a deal if
  they know you are bringing a large group of student athletes.

# Central Hardin Athletics Guidelines for Varsity Lettering

### Varsity Lettering

1. Sports with KHSAA post-season qualifying requirement: cross country, golf, swimming, tennis, track and wrestling.

Student athletes who meet participation criteria to qualify for post-season play will earn a varsity letter.

2. Sports with no post-season qualifying tournament: archery, baseball, bowling, softball, soccer and volleyball.

Student athletes who are on the post-season roster (varsity bench) for that team will earn a varsity letter.

- 3. Football (must do both)
  - A. Start at some capacity somewhere on the field (offense, special teams or defense).
  - B. Play at least 12 quarters in a varsity season.
- 4. Boys Basketball
  - A. Play 10% of total varsity minutes during the season.
- 5. Girls Basketball
  - A. Participate in at least one varsity game.
- 6. Other Sports
  - A. Competitive Cheer
- 7. Student athletes who participate in 90% of required activities and performances through the end of basketball post-season will earn a varsity letter.
- 8. Coaches have the authority to letter seniors who complete the season but may not have completed the above requirements.